

## YOU GOT THIS!

Only one day remains of the Regional Rumble step challenge and it's anyone's (and everyone's) fight! Any team could throw a mean combination for the knock-out! It truly will go down to the final bell.

You've logged more than 860 million steps so far! As of Thursday afternoon, the Purple Team is leading, with an average of 7,132 steps! But our other teams are close behind!

Purple Team: 7,132 average steps Green Team: 6,959 average steps Orange Team: 6,938 average steps Yellow Team: 6,880 average steps Red Team: 6,638 average steps

Who's got what it takes to go the distance? We'll soon find out!

## Reminders

- Follow the match-up on the challenge "leaderboard" at <u>Go365.com</u> or on the Go365 mobile app.
- Be sure to do a final upload of your steps by October 2.
- Winners will be announced Wednesday, Oct. 4.
- Follow @KEHPWellness on Twitter for more updates and pro-tips to earn points and stay healthy.

Visit <u>LivingWell.ky.gov</u> to find a detailed map, see a chart of the prizes available, and more.

## **Rumble Regions:**







Questions? Call Go365 at 855.478.1623









